



Our goal is to recruit conscious individuals who possess a genuine, intelligent, energetic and fun nature, and are able to share their richness with our guests

Job Title: **Retreat Leader**

Position Summary: Retreat Leaders will be responsible for the daily co-ordination of guest experience. You will be a key component in ensuring our guests achieve optimum results.

Role Responsibilities:

- You will teach, lead, and facilitate the program, considering weather & group fitness levels
- Working alongside other retreat leaders & visiting educators, you will be required to support the program including delivery of workshops, yoga classes, group fitness classes.
- This role will demand periods of 3-7 days of work; during the periods of work you will be responsible for the guests wellbeing & experience. A key component of the guest experience is the retreat leaders ability to “hold space”, meaning you ensure a safe space allowing a natural positive progression to take place.

Valuable Skills & Experience

- Previous experience with leading groups & public speaking
- Set goals for individuals & groups and work towards & beyond those goals
- Ideally have background in at least 3 or more of the following:
 - Personal Training, experience using TRX is beneficial
 - Yoga/Pilates teacher
 - Hiking guide
 - Experience in teaching group classes
 - Meditation/Mindfulness
 - Any alternative wellness practitioner experience e.g. Massage Therapy
 - Previous leadership role
 - Applied Psychology, gestalt, imago training or similar
 - First Aid current qualifications
- A real interest and desire to further your knowledge and experience regarding the components of holistic wellness.
- Have excellent communication, negotiation, and customer service skills
- Attention to detail and neatness
- Ability to consistently motivate and uplift those around you.
- All staff at Aro Ha will be required to be flexible and willing to help out and work in other areas such as farm & garden, housekeeping when demand requires
- Clean Drivers License
- Be fit & strong with a positive energetic outlook with commitment to our guests needs at all times

You must be legally able to work in New Zealand

To apply, please submit to adventure@aro-ha.com

- **Cover letter**
- **Current Resume with references**