

Work Scholar Program

The Program

Commit to an 8-week work trade program, which will be rewarded with an Aro Ha signature retreat.

Position Summary

You will likely work in multiple departments including: housekeeping, kitchen, garden, and maintenance.

Whether you are studying, considering a career change or looking for a challenge, Aro Ha's work scholar program gives you the opportunity to gain insight into a retreat environment.

The Opportunity

- On-site accommodation with daily meals provided during retreats.
- Work within and support one of the world's top health and wellness retreats.
- Access to retreat spa/sauna outside of retreats.
- You will be given shifts for approx. 40 hours a week.
- In trade for your time during this 8-week program you are able to attend a retreat (valued at approx. \$6,000) with no rostered shifts, allowing you to experience our Wellness Retreats as a guest.

Your Requirements

- A positive, energetic outlook with commitment to our guests and staff needs at all times.
- Great communication and people skills.
- Adherence to the rules of the property.
- Willing to put in 8 hours a day of varying degrees of work (from menial to challenging).
- Fit, healthy and able to perform a range of demanding physical tasks if necessary.
- Current and clean NZ Drivers Licence (not required but helpful).
- Must be over 18 years of age.
- Must have a New Zealand Working Holiday Visa.
- The Work Scholar Program is unsuitable to participate in during pregnancy.

Working Conditions

Work is performed in a variety of areas inside & outside, potentially with some work off site.

You must be able to legally work in New Zealand.



Application

Please complete an application form and return via email with the following:

- Cover letter (detailing why you chose Aro Ha Wellness Retreat as well as your interests in alternative health/wellness & permaculture).
- Current copy of your resume.
- Character reference(s).
- Passport sized photo.
- Copy of Drivers Licence/Passport.

Email: office@aro-ha.com



Work Scholar Program Application Form

Name:	
Phone:	
Address (No./Street/Suburb):	
City/Country:	
Email:	
Emergency Contact: Re	elationship:
Phone Number:	
What are your preferred dates for the Work Scholar Prog 1. 2. 3.	
How flexible is your availability to participate in the Worl	k Scholar Program?
Flexible () Somewhat flexible ()	Specified dates only ()
During the program would you have your own vehicle? ()Yes or ()No
Fluent Languages:	
Do you have allergies to any foods/insects/medications?	
Do you have any dietary requirements?	



Have you ever stayed at Aro Ha as a guest? If so, what retreat? Please list any significant past or present illness/injuries/surgeries/medications*: *If you have any significant medical history, please have your health care practitioner complete and sign the medical form on the last page and submit it with your application. Why do you want to become a work scholar at Aro Ha? What strengths and attributes would you bring to the Aro Ha community if chosen? What do you hope to receive from the experience? What are your areas of interest at Aro Ha? What are your plans for the next 5 years? Are you currently studying or do you have any qualifications?



With this application please find attached (please tick):

Current Resume () Passport siz	ed photo () Copy of	your Drivers Licence/Passport ()
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The Finer Points

Aro Ha Wellness Retreat reserves the right to cancel involvement in the Work Scholar Program for any reason that is deemed inappropriate, before or during the agreed dates.

There will be no exchange of money between Aro Ha Wellness Retreat and work scholar participants.

All flights and transfers to and from the retreat are the responsibility of the work scholar applicant.

Work Scholar applicants will be required to sign a disclaimer upon arrival at Aro Ha.

Aro Ha Wellness Retreat requires that applicants disclose any medical or psychological condition/s that may affect their involvement in the Work Scholar Program.

Work Scholars will be expected to work 40 hours a week as rostered and perform a wide range of jobs including garden, dining, kitchen and housekeeping duties.

Aro Ha expects Work Scholars to have a high degree of commitment and to be punctual and reliable for all duties.

Work Scholars are required to adhere to Aro Ha's strict privacy policy and are not permitted to disclose any information regarding our guests during or after their stay.

Accommodation will be provided for the duration of the program and meals are provided when retreats are running. e

To ensure that Work Scholars are able to be fully present during their stay, we ask that applicants ensure they have no prior commitments during the dates of their placement before committing to the Work Scholar Program

the Work Scholar Program.	
I agree to the above specifications and apply for a position in the Wellness Retreat.	Work Scholar Program at Aro Ha
Signed:	Date:
Print Name:	



Medical Form – Aro Ha Wellness Retreat

Stamp:

☐ I have no medical conditions
Please have your health care practitioner complete this form if you have any significant medical history. This will ensure that the work scholar program will not interfere with your healing.
Name of applicant:
I,(Health Care Practitioner) certify that
(Applicant) is in good physical and mental health and is suitable/able to participate in the Work Scholar Program at Aro Ha Wellness Retreat.
 I understand that the program involves: 40 hours of work per week, with varying degrees of work (from menial to challenging). 8 hours of work per day (shifts may be a variety of early, late or split shifts). Performing some physically demanding tasks including: Assisting in lifting heavy suitcases. Standing for extended periods at a time. Washing dishes. Doing garden work including digging, helping stake trees. Living on-site and adhering to a retreat diet (wholefoods. Caffeine/sugar/alcohol free). Being willing and able to support our guests and staff as required.
Comments:
Signature Date
Name of Health Care Practitioner
Name of Practice