

HAUTE GRANDEUR

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SPECIAL FEATURE 2016 Gala Ceremony Venue Announcement (9)



Aro Ha Wellness Retreat

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Aro Ha Wellness Retreat is a purpose built luxury wellness retreat, set in spectacular surroundings near Queenstown, New Zealand. A first-of-its-kind retreat centre, fusing advanced eco accommodation, permaculture based self-sufficiency, and world-class results-oriented programming.

Located in New Zealand's ethereal Southern Alps; Aro Ha is ideal for solo travellers, couples, or friends, our physically stimulating programs sculpt the body and mind with sub alpine hiking, vinyasa yoga, and dynamic movement. Programs include nutrient dense vegetarian cuisine, healing bodywork, and daily mindfulness practice. Your

diligent attention to wellness will be rewarded with a youthful embodiment of exceptional health. If a transformative shift is needed, Aro Ha is the Ideal elixir.

Designed and constructed by a team of New Zealand's leading consultants, Aro Ha exemplifies best practices for living in balance with nature while meeting our modern needs. Localised food production from permaculture gardens is used to provide a signature wellness menu. Off-grid power generation, Passive Haus building techniques, and New Zealand's first renewable distributed heating scheme all ensure the retreat treads lightly on the local environment.

